

The 3rd Mens Annual Dinner on Saturday, February 21st was a smashing success. All ST Pauls men and their children were invited to share in great food and lively entertainment by the Kangaroo Kids of Howard County, Maryland.

Kangaroo Kids is a precision jump rope team from Howard County, Maryland. Their rope jumping is choreographed to contemporary and traditional music, where every foot jumps in unison and every rope hits the floor simultaneously. This unique combination of exercise and dance is enjoyable to perform and exciting to watch. The mission of Kangaroo Kids is to promote physical fitness and goodwill by example and by demonstration of their jump rope skills. As fitness ambassadors, Kangaroo Kids performs numerous Jump Rope fitness shows and conducts demonstrations, workshops and competitions each year to spread the benefits of this form of physical fitness around the world.











